



SINCE 2016



COACH ACADEMY · PROGRAM OVERVIEW · 2026

Advanced Coaching Skills

ICF-approved coach education · 15 modules · Live virtual



ICF LEVEL 2
Accredited Coaching Education

coachacademy.com

Prices valid for 2026 only. All prices are subject to change.

WELCOME

Aim for mastery.

This program is for certified coaches ready to sharpen their edge.

The Advanced Coaching Skills Program is 65 hours of ICF-accredited Level 2 coach education: 15 modules in one 4-month, part-time, live virtual program, for coaches with qualifying coach education who are working toward the PCC.

You have the foundations. Now the work gets subtle: tone of voice as a tool, lingering and discovery, the personal bias underneath your questions, coaching from the client's experience.

Move from doing to being. Advanced, research-based practices, weekly live coaching, recorded submissions with group feedback, and case studies that stretch your range.

Move from intention to impact.

65

ICF COACH EDUCATION
HOURS

4

MONTHS, PART-TIME

10

PRACTICE COACHING HOURS

300+

FIVE-STAR GOOGLE REVIEWS

4000+

GRADUATES



THE DETAILS

Program at a glance

Program	Advanced Coaching Skills
Format	Live virtual training, on Zoom
Length	15 modules, 1 per week
Breaks	Applicable holidays
Classroom access	Program duration plus 3 months
Weekly class	2 hours live
Coursework	About 2 to 3 hours per week
Coaching practice	About 2 hours per week
Coach education hours	65 (ICF Level 2)
Mentor coaching	Available as an add-on
Prerequisite	Minimum 30 CCEs or 60 hours in qualifying coach education
Premium Community Membership	Influencer, included (\$135 value)
Designation earned	Qualifies for ICF Level 2 (PCC pathway)
Tuition (all-inclusive)	\$4,900 plus applicable taxes
Returning students	\$4,600 plus applicable taxes
Deposit at registration	\$1,500
Payment plans	Up to 3 instalments
Start dates	Spring and Fall, annually

Successful completion

- 65 hours of coursework
- 10 practical coaching hours completed
- 10 hours being coached
- Capstone project, coaching submissions, and peer feedback

What you achieve

- Increased confidence and skill
- ICF Level 2 Certificate for 65 Hours
- Bridge to ICF Performance Evaluation
- A global community of practice

Additional fees apply for ICF Performance Evaluations and/or Portfolios. Details are covered on your call with an Admissions Coach.

THE CURRICULUM

What you'll learn

In 15 modules, you'll sharpen the advanced skills behind PCC-level coaching. You'll learn how to:

- ✓ Use your tone of voice as a powerful tool
- ✓ Practice advanced skills in lingering and discovery
- ✓ Unpack personal bias and increase self-awareness
- ✓ Work with reflection, inflection and observation
- ✓ Coach from the client's experience
- ✓ Move from doing to being skills
- ✓ Experience the power of feedback
- ✓ Dig deeper for profound insights
- ✓ Move from intention to impact

HOW YOU LEARN

360-degree learning

Coach, be coached, and observe coaching. You develop as a coach from every angle, inside the safety of a learning community.

Live coaching + feedback

Coaching demonstrations, group coaching, peer coaching, and observations, both in class and in community.

Unlimited peer coaching exchanges

Unlimited access to a global network of peers working toward ICF credentials, ready to practice coaching with you every week. This is our best kept secret and most valuable feature.

Tools, research, and tutorials

Ongoing development, research, and resources embedded in the classroom and the community.

You'll leave with advanced skill your clients can hear in the very next conversation.

COURSE OUTLINE

Modules 1 to 15

MODULE 1	Introduction
MODULE 2	Trust Based Connection
MODULE 3	Unpacking Subconscious Bias
MODULE 4	Cultivating Mindset
MODULE 5	Capstone Project
MODULE 6	The Art of Listening
MODULE 7	Tactical Labelling
MODULE 8	Listening & Body Language
MODULE 9	Case Studies
MODULE 10	Ethics
MODULE 11	Case Studies
MODULE 12	Resource Hours
MODULE 13	Case Studies
MODULE 14	Present Capstone Project
MODULE 15	Reciprocity Circle

Course outline is subject to change.

THE ICF PATHWAY, EXPLAINED

From your first class to a globally recognized credential

Coach Academy is an approved partner of the International Coaching Federation, the gold standard in coaching worldwide. Here is exactly how the pathway works.

1

Complete the program

15 modules, live classes, coursework, and real coaching practice: 65 ICF Level 2 coach education hours, 10 practical coaching hours, and 10 hours being coached.

2

Add Level 2 to your education

Your 65 hours build on your earlier coach education toward the 125 ICF coach education hours the PCC application requires.

3

Apply for your ICF PCC credential

The PCC application requires 125 coach education hours, 500 coaching hours, and 10 mentoring hours. We walk you through what counts, and what to plan for.

4

Keep growing, for life

Level 3 mastery training and continuing education keep your credential moving toward MCC, with a community that grows with you.

One Academy, A Lifetime of Learning



Level 1
Foundational training



Level 2
Included in this program



Level 3
Mastery-level training



CCE
Continuing education

BEYOND THE CLASSROOM

A vibrant community, included with your tuition

Learning continues between and beyond classes with 10+ live events every month. Your Influencer Membership (a \$135 value) is included for 3 months:

Clubs and keynotes

Unlimited coaching exchange

Live coach demos

Case study clinics

Coaching skills labs

ICF group mentoring hours

And so much more to enrich your learning

Influencer Membership: included with tuition

A \$135 value, yours for 3 months. Offer is subject to change at Coach Academy's discretion.

Mastermind Membership: the next level

When you're ready for more, upgrade to the Mastermind Membership for \$55 per month, our client rate. Offer is subject to change at Coach Academy's discretion.

Mastermind Membership: open to the public

New to Coach Academy? Join the Mastermind community for \$85 per month, our public rate for people who are not clients yet. Offer is subject to change at Coach Academy's discretion.

Add a specialization

For a limited time... add an 8-week specialization (Compassion, Grief, or Motivation) for \$250 when you register. Regular price: \$950.

This offer is only valid until Dec 30th, 2026. This offer cannot be combined with any other offer. Restrictions apply.

Why we are different

Rigorous training, human delivery

Built for people who take this work seriously. The curriculum is grounded in ICF standards, evidence-informed practice, and 50,000+ hours of curriculum design, mentoring, and facilitation since 2016.

A proven 360 learning model

Our courses are evidence-based and designed for adult learners. Advancing coaching skill takes practice, feedback, observation, and discussion, and every class is built on that formula.

Small cohorts, real practice

You'll learn live, beside certified coaches practising in leadership, education, healthcare, HR, and private practice around the world. Classes stay small for engaged learning and discussion.

A boutique learning experience

Classes are capped at 17, more attention. Our programs strive for the academic excellence of the Ivy League and deliver, with the care and rigor you would expect from a world-class institute.

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In searching for a coaching qualification course, CCA offers an amazing group of experts who are in the know of knowledge and education for coaching and coaches. This professional school demonstrates awareness, flexibility, commitment to their students, a community of practice and up-to-date knowledge of the compass of coaching internationally and here at home. An amazing adventure where you will feel well supported and leave with the skills and knowledge to provide quality and informed coaching. No hesitation required!!

ANNE NIEC, MD · GRADUATE · ★★★★★

★★★★★ 300+ five-star Google reviews

4000+ Graduates

YOUR INVESTMENT

Tuition, and how to get sponsored

ALL-INCLUSIVE TUITION

\$4,900

Plus applicable taxes

Returning students: \$4,600 plus applicable taxes

- \$1,500 deposit at registration
- Payment plans up to 3 instalments
- 65 ICF Level 2 coach education hours
- Influencer Membership included (\$135 value) for 3 months
- Additional fees apply for ICF Performance Evaluations and/or Portfolios

Sponsored by your organization?

Many of our students are sponsored by an employer, a non-profit board, or a professional development fund. Coach training is a recognized investment in retention, engagement, and culture.

Your Admissions Coach can prepare everything your approver needs:

- ✓ This program overview and course outline
- ✓ The ICF-approved hours and credential pathway
- ✓ An invoice made out to your organization
- ✓ A receipt and documentation for development funds

Ask about Membership, Advanced Coaching Skills, Business Workshops, Mentoring Packages, and Intensive Programs.

THE FOUNDER



Nathalie Blais, MCC

FOUNDER & CEO, COACH ACADEMY

Nathalie Blais is the Founder and CEO of Coach Academy and an ICF Master Certified Coach whose work focuses on how people think, connect, and lead. Her central idea is both simple and disruptive: connection is not an assumption; it is a skill.

Blais holds a Master's degree in Psychology from Harvard and has logged more than 50,000 hours in facilitation, learning design, research, and education development. She is the architect of multiple ICF-accredited coach education programs and has trained thousands of leaders and coaches worldwide.

A TEDx Speaker on the power of coaching based connection skills, her research explores fear, motivation, grief, compassion, and connection. Her forthcoming 2027 book offers practical ways to prioritize human-centred connection in an increasingly automated world.

Your next step is a conversation.

Speak with an Admissions Coach: a graduate of our programs who can walk you through the pathway, the time commitment, tuition, and whether Coach Academy fits what you're hoping to build.

[Book a call](#)

No sales pitch. Just a clear conversation.

COACH ACADEMY

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