



SINCE 2016

COACH ACADEMY · CONTINUING EDUCATION · 2026

Compassion

A specialization designed for coaches · 8 weeks · Live virtual



10 CCE CREDITS

ICF Continuing Coach Education

coachacademy.com

Prices valid for 2026 only. All prices are subject to change.

WELCOME

Compassion is a skill.

Like every skill, it grows with practice.

Compassion is an 8-week, live virtual specialization for coaches working in complex, multicultural environments. You'll dive into the science of compassion for others, for yourself, and for the collective.

You'll learn to acknowledge others by honouring diversity, break through your unconscious bias, and hold unconditional space for the people you coach. Compassion is the foundation of unconditional positive regard, and the language of inclusion.

Earn 10 Continuing Coach Education (CCE) credits while you grow the self-awareness and social-awareness to lead with intention and impact.

In community, we rise.

10

CCE CREDITS (ICF)

8

WEEKS, LIVE VIRTUAL

300+

FIVE-STAR GOOGLE REVIEWS

4000+

GRADUATES



THE DETAILS

Program at a glance

Course	Compassion · A Specialization Designed for Coaches
Format	Live, Virtual, Weekly
Length	8 weeks, 1 class per week
Attendance	Attend live, or watch the recording for full credit
CCE credits	10 Continuing Coach Education (CCE) credits
Coursework	Reading, Class Lessons, Videos, Reflections + Final Project
Prerequisites	30 Coach Education Hours or Enrolled in a CA ICF Certification
Start date	Annually in March
Classroom access ★	Course duration + 3 months
Tuition	\$950 plus applicable taxes
Tuition, CA returning students	\$750 plus applicable taxes

How you earn full credit

- Attend live, or follow along with the recordings
- Post in the classroom each week
- Complete all assignments and weekly challenges
- Complete the final project

What you achieve

- 10 CCE credits, applicable to your ICF credential renewal
- Tools and strategies to lead with compassion in complex environments
- Confidence to hold unconditional space for others
- A Certificate and Specialization in Coaching Compassion

★ Classroom access ends 3 months after the last day of the course, with no extensions beyond that date. Ask an Admissions Coach for details.

THE CURRICULUM

What you'll learn

In 8 weeks, you'll build the cultural dexterity to coach with compassion. You'll learn how to:

- ✓ **Acknowledge** others by honouring diversity
- ✓ **Break through** your unconscious bias
- ✓ **Hold** unconditional space for the people you coach
- ✓ **Dive into** the science of compassion: self, others, and the collective
- ✓ **Grow** your self-awareness and social-awareness
- ✓ **Lead** with compassion in complex, multicultural environments
- ✓ **Practice** unconditional positive regard
- ✓ **Coach** with a more human-centred approach

HOW YOU LEARN

Weekly classes & challenges

Classes are live each week. Each one will provoke you to think, challenge your inner dialogue, and reach for a more human-centred approach to coaching.

Readings, videos & audio

Immerse yourself in a stimulating selection of readings, videos and audio materials that will surprise you, and stay with you.

Shared wisdom

Learn through peer discussion, practice, brainstorming and shared experience, with coaches at every stage of their journey.

A final project

A challenging, creative, practical opportunity to tie your learning and self-reflection together.

You'll leave with compassion you can practice, for others and for yourself. Your clients will feel it first.

COURSE MODULES

Your 8 weeks

WEEK
1

The Science of Compassion

Compassion for others, for yourself, and for the collective · What the research actually shows

WEEK
2

A Vow of Self Compassion

Kristin Neff's research on self-compassion · Rewriting your inner dialogue

WEEK
3

Practice Radical Acceptance

Meeting what is, without judgement · The ground where change begins

WEEK
4

Habits of Highly Compassionate People

What compassionate people do differently, daily · Habits you can build into your coaching

WEEK
5

What, When? Empathy, Compassion, Sympathy

Three responses, three different effects · Choosing the one the moment calls for

WEEK
6

Notice, Recognize, Allow

A practice for holding strong emotions · Slowing the space between trigger and response

WEEK
7

Boundaries and Compassion

Staying resourced while holding space for others · Compassion with limits

WEEK
8

Final Project + Closing

Present your creative, practical final project · Closing reflections

Course outline is subject to change.



YOUR INVESTMENT

Tuition

TUITION · NEW STUDENTS

\$950

Plus applicable taxes

- 10 Continuing Coach Education (CCE) credits
- 8 live virtual classes, with recordings
- Attend live or on demand, for full credit
- Classroom access for 3 months after the last class

Returning students

Coach Academy graduates and returning students register for **\$750 plus applicable taxes**.

Continuing education keeps your ICF credential current, and your skills sharper than the day you certified. Every course counts toward credential renewal.

KEEP LEARNING · MORE CONTINUING EDUCATION

Motivation · 10 CCEs

Grief · 10 CCEs

Team & Group Coaching Skills · 24 CCEs

Business Workshops · 15 CCEs

Mentoring Packages

ARE YOU A MEMBER?

Join your peers today.

Learning continues between and beyond classes, with 10+ live events every month in the Coach Academy community:

Clubs and keynotes

Unlimited coaching exchange

Live coach demos

Case study clinics

Coaching skills labs

And so much more

INFLUENCER MEMBERSHIP

\$45 per month

MASTERMIND MEMBERSHIP

\$55 per month

MASTERMIND ONLY

\$85 per month

Public price · for those not yet Coach Academy clients

Join your peers today

COACH ACADEMY