



SINCE 2016

COACH ACADEMY · CONTINUING EDUCATION · 2026

Grief

A specialization designed for coaches · 8 weeks · Live virtual



10 CCE CREDITS

ICF Continuing Coach Education

coachacademy.com

Prices valid for 2026 only. All prices are subject to change.

WELCOME

Grief asks for a witness.

Every coach will sit across from it, ready or not.

Grief is an 8-week, live virtual specialization for coaches supporting others through loss. Through grounded theory, you'll study the stages of grieving, the dimensions of grief, and the line between coaching and therapy, so you know exactly where your role begins and when to refer.

You'll also challenge the cultural biases surrounding grief, explore resilience and post-traumatic growth, and stretch your capacity to hold space for strong emotions, in your own life and in service of your clients.

Earn 10 Continuing Coach Education (CCE) credits while you build the skill of staying present when it matters most.

Comfort and ease begin with you, especially when holding strong emotions.

10

CCE CREDITS (ICF)

8

WEEKS, LIVE VIRTUAL

300+

FIVE-STAR GOOGLE REVIEWS

4000+

GRADUATES



THE DETAILS

Program at a glance

Course	Grief · A Specialization Designed for Coaches
Format	Live, Virtual, Weekly
Length	8 weeks, 1 class per week
Attendance	Attend live, or watch the recording for full credit
CCE credits	10 Continuing Coach Education (CCE) credits
Coursework	Reading, Class Lessons, Videos, Reflections + Final Project
Prerequisites	30 Coach Education Hours or Enrolled in a CA ICF Certification
Start date	Annually in August
Classroom access ★	Course duration + 3 months
Tuition	\$950 plus applicable taxes
Tuition, CA returning students	\$750 plus applicable taxes

How you earn full credit

- Attend live, or follow along with the recordings
- Post in the classroom each week
- Complete all assignments and weekly challenges
- Complete the final project

What you achieve

- 10 CCE credits, applicable to your ICF credential renewal
- Proven frameworks to coach emotion
- Confidence to hold space when a client brings loss into the room
- A Certificate and Specialization in Coaching Grief

★ Classroom access ends 3 months after the last day of the course, with no extensions beyond that date. Ask an Admissions Coach for details.

THE CURRICULUM

What you'll learn

In 8 weeks, you'll build the awareness and connection skills to support people through grief. You'll learn how to:

- ✓ **Hold space** for grief, on a personal level and in support of others
- ✓ **Understand the stages** of grieving, through grounded theory
- ✓ **Work with the dimensions** of grief
- ✓ **Recognize the difference** between coaching and therapy
- ✓ **Know when to refer** a client to a therapist
- ✓ **Identify different types** of grief
- ✓ **Support resilience** and post-traumatic growth
- ✓ **Challenge cultural biases** and existing paradigms of grief
- ✓ **Grow your comfort** with discomfort, holding strong emotions
- ✓ **Raise your awareness** through weekly practice and reflection

HOW YOU LEARN

Weekly classes & challenges

Classes are live each week. Each one comes with a challenge to apply the learning, and a reflection to post in the online classroom.

Readings, videos & audio

Sink into a stimulating selection of readings, videos and audio materials, chosen to reveal surprising aspects of grief.

Shared wisdom

Learn through peer discussion with coaches at every stage of their journey. The conversation is where the material comes alive.

A final project

A creative, practical opportunity to tie your learning and self-reflection together.

You'll leave with more comfort in discomfort. Your clients will feel it first.

COURSE MODULES

Your 8 weeks

WEEK
1

Giving Grief Meaning

What grief means across lives and cultures · Setting your personal benchmark for the weeks ahead

WEEK
2

Grief: A Response to Trauma, Loss, and Change

Grounded theory on the stages of grieving · Grief beyond death: change, transition, and loss

WEEK
3

What to Say?

Language that helps and language that harms · Holding space without fixing

WEEK
4

The Ways People Grieve

Dimensions and types of grief · Challenging cultural biases and paradigms

WEEK
5

Coaching vs Therapy

Where coaching ends and therapy begins · When and how to refer

WEEK
6

From Surviving to Thriving

Post-traumatic growth, and what makes it possible

WEEK
7

Resilience & Reconstruction

The research on resilient grieving · Rebuilding forward with your client

WEEK
8

Final Project + Closing

A creative, practical project tying learning and self-reflection together · Closing reflections

Course outline is subject to change.



YOUR INVESTMENT

Tuition

TUITION · NEW STUDENTS

\$950

Plus applicable taxes

- 10 Continuing Coach Education (CCE) credits
- 8 live virtual classes, with recordings
- Attend live or on demand, for full credit
- Classroom access for 3 months after the last class

Returning students

Coach Academy graduates and returning students register for **\$750 plus applicable taxes**.

Continuing education keeps your ICF credential current, and your skills sharper than the day you certified. Every course counts toward credential renewal.

KEEP LEARNING · MORE CONTINUING EDUCATION

Compassion · 10 CCEs

Motivation · 10 CCEs

Team & Group Coaching Skills · 24 CCEs

Business Workshops · 15 CCEs

Mentoring Packages

ARE YOU A MEMBER?

Join your peers today.

Learning continues between and beyond classes, with 10+ live events every month in the Coach Academy community:

Clubs and keynotes

Unlimited coaching exchange

Live coach demos

Case study clinics

Coaching skills labs

And so much more

INFLUENCER MEMBERSHIP

\$45 per month

MASTERMIND MEMBERSHIP

\$55 per month

MASTERMIND ONLY

\$85 per month

Public price · for those not yet Coach Academy clients

Join your peers today

COACH ACADEMY